

Event of the European Sports Week – Night swimming



Event of the European Sports Week – Night swimming The participation is free of charge.

This year, in the half-hour swim, participants will have the opportunity to swim as far as possible in a freely chosen swimming style, manner and pace. On the other hand, in order to ensure the participation of everyone interested in this challenge, four groups have been created, in which, according to their abilities and skills, the participant can apply:

Enthusiasts and families* (children and young people, as well as adults with low or intermediate skills). Swimming time: 19.00-19.30; Amateur and folk group (children and youth, as well as adults with good skills). Swimming time – 19.45-20.15; Sports group (children and young people training in sports groups, as well as swimming veterans). Swimming time: 20.30-21.00; Pro group (children and youth, as well as swimming veterans with very good skills). Swimming time: 21.15-21.45.

- **①** 19:00-22:00
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- ் Piedzīvojumu parka lielai peldbaseins, Lauku iela 5, Ventspils

