

Race Around Lake Būšnieku to Take Place

On 27 May at 11:00 a race around Lake Būšnieku will take place in Staldzene at the boat base of Lake Būšnieku as part of the people's sports programme "Come and do sports!". The distance is 8.0 km long (one lap around the lake). Participants gather in Staldzene at the boat base of Lake Būšnieku.

The race around Lake Būšnieku will be held in four age groups:

Ladies and gentlemen:

Group I – those born in 2003 and younger

Group II – those born from 2002 to 1993

Group III – those born from 1992 to 1983

Group IV – those born in 1982 and older

1.,2. un 3. vietas ieguvējus sievietēm un vīriešiem visu vecumu grupās apbalvos ar medaļām un diplomiem, kā arī pārsteiguma balvām no sacensību organizatoriem. Pre-registration until 26 May at 14:00 electronically on the website: HERE, indicating the name, surname and first part of the personal identification number

Lake Būšnieku has become a wonderful destination for active recreation enthusiasts, whose special natural beauty can now be enjoyed not only by swimmers and boaters, but also by cyclists, joggers and walkers. The construction of the new 660-metre section of footpaths and cycling paths along Lake Būšnieku from the boat base to the existing cycling path is currently underway, thus covering the full length of the path along Lake Būšnieku through the forest. Until now, it was necessary to walk along the side of Staldzenes Street to get around Lake Būšnieku, but the construction of this section of the path will allow pedestrians and cyclists to safely and leisurely enjoy nature and the lakeshore. This summer, the total length of Ventspils' cycling and pedestrian path network will stretch for over 70 kilometres across the entire territory of Ventspils.



The event is organized within the framework of the EU project "Measures for local public health promotion and disease prevention in Ventspils"! The aim of the project is to promote a change in public health habits by improving the availability of health promotion and disease prevention services to the population. Project activities include promotion and popularization of physical activities, healthy nutrition, mental health in society.

