



Yoga with Paula at Ventspils Youth House



Foto autors Ventspils Photo Archive

A Spanish volunteer from the “Attistības fabrika” association practices meditation and yoga in their free time and will gladly offer classes to local youth. Every Thursday at 6:00 PM throughout the month of April at the Ventspils Youth House. The classes are free of charge. Participants should bring their own yoga/exercise/soft mats.

📅 Thu, 17.04.2025

🕒 18:00-19:30

📞 +37120238456

🏠 Ventspils Jauniešu māja, Kuldīgas iela 13

📍 Kuldīgas iela 13

